**Reflective Essay # 1 GOALS**

Write a 250 word essay describing your goals and how they have changed over the last 2 years.

To see an example of a reflective essay, go to <https://english.csuci.edu/program/sample-essay-example-1.htm>.

Here is an example of written career goals. <http://www.job-interview-site.com/career-goals-examples-of-career-goals-and-objectives.html>

Remember the purpose of this exercise is for you to THINK and REFLECT.